



Does your skin need hyaluronic acid?

It promises to plump skin, improve fine lines, smooth and strengthen, but does hyaluronic acid really work? Dr Robin Chok from Regenesis Cosmetic Surgery unveils HA's most effective form and how it can take years off.

Hyaluronic acid isn't new, most in-the-know beauty buffs are familiar with the moisture-retaining anti-aging favourite. It's the go-to ingredient in most dermal fillers, and has been used in topical skincare for decades. But is it really the secret anti-aging ingredient we've been searching for?

Hyaluronic acid – known in scientific circles as hyaluronan – can be injected into the dermal layers of the skin (aka dermal fillers) to fill and plump, leaving you with younger looking, hydrated skin. That's a big tick for injectables, but what about its use as a topical skincare treatment? While it is listed as a key ingredient in many creams and lotions, its ability to smooth and plump skin is limited depending on the type of hyaluronic acid. Sure it can superficially improve hydration, which slightly improves the appearance of fine lines, but it is unable to penetrate the skin to a depth that boosts the elasticity of the skin or replace the body's own depleting stores of hyaluronic acid.

But there is now a high-dose resilient hyaluronic acid that has revolutionised skincare, thanks to its ability to integrate with dermal fillers. Dr Robin Chok from Regenesis Cosmetic Surgery in Kent Town says the range is suitable for everyone as it effectively forms a hydrating mesh on the skin's surface. This durable, resilient

and structured mesh preserves hydration to strengthen, smooth, protect and plump the skin, just like dermal fillers.

The buzz brand is TEOXANE and it's developed by Teoxane Laboratories, specialists in the design and manufacture of hyaluronic acid-based dermal fillers. "Innovation is the key here," explains Dr Chok. "When patients always expect better aesthetic results, products need to be constantly improved and medically proven," – and TEOXANE, with its skin barrier mesh technology that assists with water retention and skin resilience, does just that. "Finally there is a product range that I can offer my patients as a surgeon that is sophisticated and supports the science of cosmetic medicine."

This targeted technology sets the complete TEOXANE range apart, although Dr Chok does say that results are accelerated when used in conjunction with fillers. "This range works synergistically with dermal fillers, giving the ultimate in results for patients as it is integrative and beyond skin deep."

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TEOXANE
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